ANXIETY AND SELF-ESTEEM IN CYBER-VICTIMIZATION PROFILES OF ADOLESCENTS

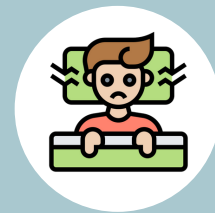Andrea Núñez, Dr. David Álvarez-García and Dr. María-C. Pérez-Fuentes

INTRODUCTION

Cyber-victimization, between adolescents and social anxiety there is a positive relationship between both variables.

Self-esteem, meta-analysis studies show a fairly strong literature about its negative relationship to both traditional and cyber victimization

Adolescence, victimization profiles are identified, depending on the degree of traditional violence or cyber-aggression by their peers.

METHODOLOGY AND RESULTS

3120 adolescents (Spain) 19 Asturian educational centres

Scale of Offline School Victimization (Álvarez-García et al., 2015)

Cybervictimization Questionnaire for adolescents (Álvarez-García et al., 2017)

Self-reporting scale (Álvarez-García et al., 2015)

Table 5. Relationship between the profiles of victimization, social anxiety, and self-esteem (differences between classes in outcome variables)

	χ^2	p	Cohen's d
Social Anxiety			
Overall Test	53.85	<.001	0.27
Cyber versus Traditional	15.51	<.001	0.34
Cyber versus Non-victims	4.40	.036	0.08
Cyber versus Dual	5.07	.024	0.19
Traditional versus Non-victims	34.91	<.001	0.24
Traditional versus Dual	1.79	.181	---
Non-victims versus Dual	14.85	<.001	0.15
Self-Esteem			
Overall Test	84.29	<.001	0.33
Cyber versus Traditional	6.81	.009	0.22
Cyber versus Non-victims	34.16	<.001	0.22
Cyber versus Dual	5.86	.015	0.21
Traditional versus Non-victims	35.91	<.001	0.24
Traditional versus Dual	0.01	.924	---
Non-victims versus Dual	31.93	<.001	0.23

CONCLUSIONS

With regard to self-esteem, the higher the level of victimization of adolescents, the lower their self-esteem, with this association being stronger with traditional violence than with cyber-victimization.

It is one of the few studies published internationally. To identify types of victims, in adolescents, according to the degree of off-line and on-line violence between peers.

The results obtained in the present work suggest that it is important to be alert, in educational and clinical contexts, about students with social anxiety and low self-esteem, because of their increased risk of becoming victims of violence.

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